



THOMAS WOOD PEDORTHIC CLINIC

We have a new look!

As you may have noticed Thomas Wood Pedorthic Clinic has a new look. We have been working with a graphic designer to modernize our existing logo and we are thrilled with the results.

This logo features a more clinical design without losing the warmth that a small town operation offers. It reminds us that feet are not stationary models, they move in many ways and we approach treatment with this in mind.

In addition to the new logo we have developed a new website. We are hoping to be able to reach more people through the internet. Our site will feature important information regarding who we are and what we do, along with articles relating to specific conditions or new developments related to Pedorthics. It will also feature a place for clients to ask questions regarding their own condition. Although we are always available to speak on the phone or answer questions in person, the website will allow us to reach our new and existing clients on another level. Please visit us at **www.twpedorthic.com** We would be happy to hear your comments and suggestions. You can email us at **info@twpedorthic.com**



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WINTER...GET OUT AND ENJOY!

WALKING



SNOWSHOEING



SKIING



Is there anything we can do to help make your winter activities more comfortable?

The solution could be as simple as some stretching/strengthening exercises, a new insole or small adjustment. We also do more extensive modifications such as adding lifts to accommodate leg length discrepancies or fabricate custom made orthoses to provide support, control, cushion or off load painful areas. Don't suffer through in silence or give up the activities you love...we can help! Give us a call to book an assessment today!



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Keen began with a moment of pure vision with a simple design challenge: can a sandal protect the toes? The answer was yes! From this sandal Keen created a company built on hybrid innovation, redefining the outdoors. This trademark toe is translated into most of their line and is one of the features that makes Keen an easy choice for us! From sandals to hiking boots to everyday casual footwear Keen's Hybrid technology allows the people who wear them to connect with the outdoors in any facet no matter which pair of Keen shoes they're wearing! Stop in and take a peak for yourself!



Snowshoeing is a great winter activity for people of all ages and fitness levels. It's a great activity to enjoy as a family! Faber has a variety of styles within their snowshoe line and the best part of all is that they are CANADIAN MADE! 

Paired with Leki poles, snowshoeing is turned into a total body workout while providing added stability on inclines and declines. Give snowshoeing a try! Stop in and someone would be happy to help you choose the right snowshoe for you!



Do your Birkenstocks look like this?



We can help! We do Birkenstock repairs. We also do custom modifications such as lifts to accommodate leg length discrepancies or changing the footbed to fit your foot more comfortably. Give us a call! If they're too far gone we can help you choose a new pair you'll love!



Following an afternoon of walking, snowshoeing, skiing or skating slip your feet into a cozy pair of Hallinger slippers. They feature a contoured footbed providing the support your tired feet are looking for and a wool upper to warm those cold toes up. Available in a variety of sizes and colours.



EVERY SHOE. EVERY DAY.

Sometimes all it takes is an off the shelf orthoses to solve the problem. For some feet Superfeet inserts are a less expensive option than custom made. If you would like to know if this a possibility for you call to book an appointment for an assessment and we would be happy to take a look!